



## Bulletin Board

After a full and lengthy discussion culminating in a vote; it was agreed the SMHC nursing Graduate photographs from 1924 to 1992 be on permanent loan to the College of Registered Psychiatric Nurses Manitoba for display. Copies of the original pictures have been kept for the SMHC Archives as well as being displayed on our web site. We thank the College of Psychiatric Nursing for their perspicacity in honouring the history of all Manitoba SMHC psychiatric nursing graduates of yesteryear!



Larry and Annette admiring the re-hung Grad pictures at the College.

A set of SMHC nursing graduate Year Books will be housed within the Legislative Library by the Manitoba Archives for permanent display. Larry attended on behalf of the Committee the Association of Manitoba Archives annual conference and business meeting at the U of Winnipeg on the 30th September.

Three mannequins, two female and one male, have been purchased to display the nursing uniforms from the past. They will be on display in the Heritage Room of the Centre. The Committee sincerely thanks the Alcock Family for the generous donation of Marg Alcock's, grad of 1932, graduation ball gown and handwritten nursing notes.

A sign indicating the Archive Collection location and contact person will be placed on the bulletin board at the right of main entrance in the Admin Building.

## "A Problem for the Psychiatrist" - a poem written by Mrs Macriman, RPN in 1966.

Have you been having problems?  
Are you feeling blue?  
Well stop worrying right now,  
I'll tell you what to do.

Try studying statistics  
Then trace your pedigree,  
Once you know the facts of life,  
Come and visit me.

I am a psychiatrist.  
Treat nerves and nervous strain  
After your first visit,  
You're sure to come again.

When you have had your brain wash,  
Your conscience will be clear  
You'll know you're not to blame  
After Remotivation  
You are never quite the same.

You'll have a brand new problem A  
pretty fair exchange,  
Complex as problems should be. With  
scope and depth and range.

The problem that you now face, Is not  
what's wrong with you, Identify the  
culprit,  
Behind the things you do.

Of course it was your childhood  
Your parents were at fault  
Lack of love or too much love Not  
knowing where to halt.

If they did commit those crimes I'm  
sure you will agree According to  
psychiatry  
The faults are in the family tree.



Mrs Macriman, RPN,  
1966

Which brings us to Grandpa Of  
course to Grandma too,  
If they didn't do their job right  
The onus bounced on you.

Grandparents are not to blame,  
Psychiatry says so.  
It must have been their parent's  
fault,  
And so and so and so.

And so we're back to Adam To  
Eve and the apple tree Alas  
with no psychology  
The problems are back to me.

## Archival Profile Tribute



**Mary Alberta Hornibrooke, RN** was the last person to hold the unique position of Matron at the Selkirk Mental Health Centre.

Miss Mary Alberta Hornibrooke, (RN graduate of the Montreal General Hospital), arrived at the hospital in 1946 and retired twenty-one years later in December 1967 from the position of Associate Director of Rehabilitation.

She arrived at was then called the Selkirk Mental Hospital which had over 1200 patients. Miss Hornibrooke functioned as the head of the female

Alberta Hornibrooke, RN nursing services as well as that of the nurse training school. During her time at the hospital she not only witnessed the advent of Electric Shock Therapy which was introduced in the early 1940s, but also witnessed the hospital performing leucotomies in the Infirmary Building operating suite in the 1950s.

In the 1940s male attendants, with Miss Hornibrooke's instigation, were permitted to join the nursing lectures with the female nursing staff. By the end of the 1950s, both groups of staff graduated together as psychiatric nurses.

Although short in stature and kind in disposition she was a mighty atom who played a important role in the development of psychiatric nursing in Manitoba. Mary Alberta Hornibrooke whom prior to her death in April 1982, returned to the Centre for special events. She always received a warm welcome on these occasions as she was fondly remembered by all who worked with her.



**ARCHIVE PHOTO**

**The Nursing Faculty in 1985**

## Did you know.....?

### REMOTIVATION THERAPY

was introduced to the Selkirk Mental Health Centre in 1963 and was taught as a new subject in the School of Psychiatric Nursing by Sandra Bruzell, a SMHC graduate of 1962.

A separate department of Rehabilitation was established at the Centre headed by Mr C Myall, Coordinator of Community and Voluntary Activities and Mr W Puetz, Coordinator of Rehabilitation..



Sandra Poponick,  
nee Bruzell,  
RPN 1963



Mr C Myall, RPN,  
1963



Mr W Puetz, RPN  
1963

